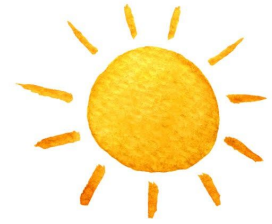


Beat the Heat Summer Drink

- Mint
- Chrysanthemum
- White mulberry leaf
- Watermelon



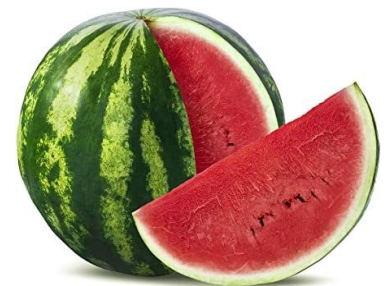
Treats & Prevents

- Fever
- Headache
- Sore throat
- Dry cough
- Red dry itchy eyes
- Hypertension
- Viral and bacterial infections



Directions

1. Get gallon pitcher w/slotted pour spout
2. Add handful of fresh mint
3. Add handful of dried chrysanthemum flowers
4. Add 3 teabags of white mulberry leaf tea
5. Add 1 cup blended watermelon
6. Fill rest of pitcher w/filtered water
7. Leave overnight in fridge
8. Enjoy daily during hot summer months



(Limit use for those who tend to always be cold and have weak digestion)

